

# 2022 ASPA CME Conference | Birmingham, AL

## Thursday, February 17

12:00PM **Rashes, Skin Cancers, and Random bumps - can I treat this or should I refer this?** | Natalie George, PA-C

### *Objectives*

1. Identify the clinical manifestation of common acute onset rashes and understand the initial approach to treatment options and if referral to dermatology is needed.
2. Be able to identify the three most common types of skin cancer and understand the treatment options available.
3. Be able to identify the most common benign skin lesions that patients worry about and determine if a biopsy is recommended.

1:00PM **Overview of Common MSK Diseases and Disorder** | Natalie Barefield, PA-C

### *Objectives*

1. Recognize common MSK diseases and disorders
2. Acquire knowledge of appropriate first-line treatment
3. Interpret results of common diagnostic studies

2:00PM **Headache Management** | Linnie Harrison

### *Objectives*

1. Understand pathophysiology of headache disorders
2. Diagnosis and treatment of headache disorders
3. Identifying secondary headaches and red flags
4. Uncover new and alternate treatments
5. COVID and headaches

3:00PM **Understanding Medical Literature** | Wes Johnson, PA-C

### *Objectives*

1. Discuss how to move beyond just looking at an abstract.
2. Discuss the varying statistical methodologies.
3. Discuss how literature / results can be manipulated.

4:00PM **Pancreatitis: An Overview** | Lindsey Whisonant, PA-C

### *Objectives*

1. Recognize the signs and symptoms of pancreatitis
2. Develop an evidence-based treatment plan
3. Identify and manage complications of severe pancreatitis

## Friday, February 18

8:00AM **Cardio Vein** | Wendy Cornelius, PA-C

### *Objectives*

1. To understand the role of minimally invasive valve replacement.
2. Explain the role of hybrid cardiac ablation surgery.
3. Describe the role of all arterial conduits for CABG

9:00AM **Urology Overview** | Dr. V. Michael Bivins

### *Objectives*

1. Identify emergent urological condition
2. Review imaging and lab studies and when to order
3. When to refer to urology

### 10:15AM Break

#### 10:15AM **My Aching Back: Addressing Low Back Pain in Primary Care**| Veronica Hill, DNP, CRNP

##### *Objectives*

1. Recognize the patient demographics of those with increased risk for acute and chronic low back pain.
2. Apply evidence-based guidelines to the treatment of specific and nonspecific low back pain in the primary care setting.
3. Be the lead APP for low back pain in your clinical setting.

#### 11:15AM **Oncology Review**| Meghan Foster, PA-C

##### *Objectives*

1. Understand the mechanism of action of immunotherapy and its unique effect on tolerability.
2. Identify immunotherapy toxicities in your patients.
3. Discuss the effective treatment of immunotherapy toxicities.

### 12:15PM Lunch

#### 1:00PM **Post Acute Care Options**| Christy Franklin PA-C

##### *Objectives*

1. Detail post acute care discharge options-HHC;SNF; OP therapy; IPR; Hospice; LTACH?
2. Decision process for appropriate DC planning
3. Pitfalls to avoid in the discharge planning process

#### 2:00PM **PVD**| Vernon Horst, MD

##### *Objective*

1. Etiologies of peripheral vascular disease
2. Diagnosis and treatment of peripheral vascular disease
3. Prevention of peripheral vascular disease

### 3:00PM Break

#### 3:15PM **Head and Neck Cancer**| Christina Cyriac, PA-C

##### *Objectives*

1. Overview of how to diagnose and stage oral cavity cancer
2. Summarize Treatment options for oral cavity cancer
3. Discuss epidemiology and risk factors for head and neck cancer

#### 4:15 PM **Staying out of Trouble in Orthopedic Oncology-- A Review of Common Orthopedic Tumors and their Radiographic Presentation**| Matt Hess, MD

##### *Objectives*

1. Gain familiarity with the history and physical presentation of tumors commonly encountered in an orthopedic surgery clinic
2. Gain familiarity with the radiographic appearance and characteristics of locally aggressive and malignant bone tumors
3. Learn when to refer a patient to a dedicated orthopedic oncologist

## **Saturday, February 19**

**8:00 AM Closing the Gap in Understanding Bipolar Disorders" | Megan Duda Trawick, PA-C**

### *Objectives*

1. Identify the various clinical presentations of bipolar and related disorders.
2. Utilize DSM-V criteria to appropriately diagnose disorders.
3. Implement appropriate treatment modalities for patients to include pharmacotherapy and referral to psychiatric services.

**9:00AM Heart Failure: Where Inpatient and Outpatient Intersect | Kaitlin Bembenek- PA-C**

### *Objectives*

1. Define HFrEF and identify common etiologies
2. Recognize the spectrum of heart failure
3. Discuss medical therapies or procedures patients may receive while treated inpatient
4. Identify guideline directed medical treatment of systolic heart failure and discuss co-morbid conditions and subsequent therapies.
5. Review end-stage heart failure therapies and advanced surgical options

**10:00AM Break**

**10:15AM Opioid Overview, Basics on Antags| Dr. Wayne Parker, PharmD**

### *Objectives*

1. Identify the main types of opioid receptors/endogenous opioids
2. Explain the mechanism of action of opioid agonists, partial and mixed agonist/antagonist, and antagonists
3. Describe the analgesic use of opioids and therapeutic uses of opioids
4. Outline the main differences between the opioid prototype, morphine, and other opioid drugs
5. Describe the main adverse effects of opioids as a class, and main contraindications in the use of opioids
6. Highlight the unique characteristics of particular opioids
7. Describe drug interactions of opioids and serotonergic agents

**11:15AM Red Flags in Dermatology | Sarah-Beth Sewak Nichols, PA-C**

### *Objectives*

1. Identify dermatological issues that pose risk or danger.
2. Differentiate red flags in a variety of skin types.
3. Know when to refer and to whom.
4. Recognize modes of treatment for high-risk dermatological issues.

**12:15PM Lunch**

**1:00PM Trauma Overview| Rini Uhlich**

### *Objectives*

1. Describe the key systems evaluated in the primary survey of trauma patients.
2. Explain how to perform the primary survey in trauma patients
3. Summarize the importance of collaboration and communication amongst interprofessional team members to improve outcomes for trauma patients undergoing the primary survey

**2:00PM Facilitating Medical Identity Development in PA Students | Erin Dorman, PA-C**

*Objectives*

1. Define medical identity and describe how it is formed
2. Identify potential opportunities for medical identity development in PA students
3. Discuss strategies for facilitating medical identity development

**3:00PM Break**

**3:15PM ICU Medicine| Bonnie Minton PA-C**

*Objectives*

1. Overview of critical care medicine
2. Management of critically ill patient
3. Common treatments and therapies in the ICU

**4:15 PM Vascular| Sylvia Eldridge**

*Objectives*

1. Define and describe phlebitis, superficial thrombophlebitis, deep vein thrombosis, and venous insufficiency
2. Risk factors for developing phlebitis, superficial thrombophlebitis, deep vein thrombosis, and venous insufficiency
3. Treatment of phlebitis, superficial thrombophlebitis, deep vein thrombosis, and venous insufficiency

**Sunday, February 20**

**8AM-12:00PM Controlled Substance Prescribing: Common Pitfalls | Dr. Greg Ayers, Dr. William Suggs**

*Objectives*

1. Describe the pharmacologic profiles of benzodiazepines, opiates and other controlled drugs including the risks involved
2. Identify the diagnostic criteria for substance abuse, anxiety disorder, acute and chronic pain, insomnia, obesity, depression and situations where the continued prescribing of controlled substances would be inappropriate.
3. Employ interviewing techniques relating to the diagnosis and management of substance abuse in general and prescription drug abusers in particular.
4. Discuss case management strategies for the above diagnoses and in special situations such as the elderly, hospice patients and renal insufficiency.
5. Discuss beliefs, stereotypes and attitudes about controlled substance prescribing, controlled drug abusers and chemical dependency, and consider the therapeutic implications of treatment based upon these beliefs.
6. Describe appropriate patient assessment for treatment with ER/LA therapy, as well as possible misuse.
7. Apply proper methods to initiate therapy, modify doses and discontinue use of ER/LA opioid analgesics, applying best practices including accurate dosing and conversion techniques, as well as appropriate discontinuation strategies
8. Demonstrate accurate knowledge about how to manage ongoing therapy with ER/LA opioid analgesics and properly use evidence-based tools while assessing for adverse effects.
9. Employ methods to counsel patients and caregivers about the safe use of ER/LA opioid analgesics, including proper storage and disposal.
10. Review/assess general and product-specific drug information concerning ER/LA opioid analgesics and identifying potential adverse effects of ER/LA opioids.