

2023 Alabama Society of Physician Assistants CME Conference

March 16-19, 2023 | Birmingham, Alabama

Thursday, March 16

12:00-1:00PM

Medications for Type 2 DM- A Primer for 2023 | John Waits MD

Objectives:

1. Increase familiarity with old and new categories of pharmaceutical treatments for T2DM;
2. Gain knowledge of the impact of co-morbidities in the decision-making process or medication management of T2DM;
3. Exhibit agility with choosing specific medications according to the ADA 2023 algorithm for T2DM based on a brief case history.

1:00-2:00PM

Physician/APP Relationship | Chelsea Bares PA-C

Objectives

1. Define what makes an efficient and effective Physician/APP team
2. Discuss the tools needed for making an effective Physician/APP team
3. Review structure of leadership and identify methods for dealing with team dynamics

2:00-3:00PM

Enneagram and Clinical Practice- A Tool for Personal and Professional Development | Jana Villanueva PA-C

Objectives:

1. Define the enneagram to include descriptions of the nine types and how they affect the way a person shows up as a clinician
2. Apply knowledge of one's enneagram type to identify areas of friction in your job, team dynamics, and patient care that often lead to frustration and burnout as a clinician
3. Utilize enneagram wisdom as a guidance for insight into the self-awareness necessary for taking steps toward improved provider wellness, growth in emotional intelligence, and healthy boundary setting in patient care

3:00-4:00PM

Post Acute COVID Syndrome | Lauren Clausing PA-C

Objectives:

1. Define Post-Acute COVID-19 or "Long COVID-19"
2. Most common presentations of Long COVID in adults
3. Workup and initial management of most common manifestations

4:00-5:00PM

Weight Management: Theory and Best Practice | Ksenia Blinnikova MD

Objectives:

1. Understand the pathophysiology of obesity
2. Identify principles of lifestyle modification
3. Describe medication do's and don'ts

Friday, March 17

8:00-9:00AM

DPT Pelvic Floor Dysfunction | Emily Gilmore

Objectives:

1. Review anatomy of the pelvic floor and abdominal wall
2. Identify common signs and symptoms of hypertonic pelvic floor
3. Identify common signs and symptoms of pelvic floor weakness
4. Review Cozean Pelvic Floor Screening Protocol, 5. Review procedure for pelvic floor exam

9:00-10:00AM

Alabama's Silent Epidemic: How to Recognize and Manage Common Sexually Transmitted Infections | Dr. Lily Colpits

Objectives:

1. Diagnosis and treatment of Syphilis by stage (primary, secondary and latent)
2. Diagnosis and treatment of Gonorrhea, Chlamydia, Herpes
3. Recognizing common genital lesions

10:00-10:15AM

Break

10:15-11:15AM

Female Sexual Health and Wellness | Heather Williams NP

Objectives:

1. Raise awareness of Female Sexual Health and Wellness
2. Discuss the Integrative approach to assessing and treating Female Sexual Dysfunction
3. Review common conditions that affect Female Sexual Health

11:15AM-12:15PM

Education: How to Enter Academics | Bonnie Minton-PA

Objectives:

1. Understand PA education competencies and program outcomes and accreditation standards
2. Analyze common PA education pearls and pitfalls
3. Build a competitive and practical strategy towards academia

12:15-1:00PM

Lunch

1:00-2:00PM

Orthopedics in the Diabetic Patient- Common Conditions, Barriers and Preventative Measures | Hannah Dunn, PA-C

Objectives:

1. Understand commonly seen orthopedic conditions in the diabetic patient
2. Recognize barriers faced by health care professionals in the treatment of orthopedic conditions in the diabetic patient
3. Implement practices to prevent, assess, and treat orthopedic conditions in the diabetic patient.

2:00-3:00PM

Cancer Survivorship | Meghan Foster PA-C

Objectives:

1. Define cancer survivorship and standards
2. Identify acute toxicities
3. Discuss long term toxicities and management

3:00-3:15PM

Break

3:15-4:15PM	<p>The Initial Identification, Evaluation and Management of the Septic Patient in the ICU Setting Caleb Hanson PA-C</p> <p><i>Objectives:</i></p> <ol style="list-style-type: none"> 1. Discuss common presentations, causes, and physiology/anatomy involved in the septic patient 2. Explain current laboratory and bedside evaluation tools that can assist in the initial workup of sepsis, as well as further workup upon admission 3. Review the current guidelines and practices for the management of the septic patient within the ICU setting
4:15-5:15PM	<p>Calcium Ups and Downs Wes Johnson, PA</p> <p><i>Objectives:</i></p> <ol style="list-style-type: none"> 1. Discuss the workup of hyper/hypo calcemia 2. Understand the causes of hyper/hypo calcemia 3. Review the treatment options for hyper/hypo calcemia
Saturday, March 18	
8:00-9:00AM	<p>Understanding Medical Literature Wes Johnson PA</p> <p><i>Objectives:</i></p> <ol style="list-style-type: none"> 1. Discuss how to move beyond just looking at an abstract 2. Discuss the varying statistical methodologies 3. Discuss how literature/results can be manipulated
9:00-10:00AM	<p>The Role(s) of Antipsychotics Wayne Parker</p> <p><i>Objectives:</i></p> <ol style="list-style-type: none"> 1. Compare and contrast the differences between first generation (typical) and second generation (atypical) antipsychotics 2. Discuss how the antipsychotic class works 3. List clinical uses for antipsychotics for schizophrenia and other CNS disorders 4. Describe the time course, signs and symptoms of antipsychotic drug-induced dyskinesias
10:00-10:15AM	Break
10:15-11:15AM	<p>NCCPA, PANRE-LA Update Alicia Quella</p> <p><i>Objectives:</i></p> <ol style="list-style-type: none"> 1. Describe the options available for recertification: the PANRE and PANRE LA exams 2. Describe the new CAQs available for Certified PAs 3. Describe the ways PAs contribute to the work of NCCPA 4. Recognize the many ways NCCPA communicates with PAs and other resources available
11:15AM-12:15PM	<p>Delirium Review Lindsey Whisonant, PA-C</p> <p><i>Objectives:</i></p> <ol style="list-style-type: none"> 1. Define delirium and its three subtypes 2. Describe key prevention techniques 3. Recall treatment options to manage delirium
12:15-1:00PM	Lunch

- 1:00-2:00PM **Basic Concepts and Management of ECMO in the ICU Patient |**
David Wood, PA-C
Objectives:
1. Understand the difference between VV and VA ECMO and indications for both
 2. Review how to manage a patient while on ECMO
 3. Identify potential complications and how to minimize their occurrence
- 2:00-3:00PM **Advances in Spine Surgery |** Derok Cornwell, PA-C
Objectives:
1. Discuss the initial evaluation of spine patient
 2. Review operative and nonoperative management
 3. Describe surgical techniques
- 3:00-3:15PM Break
- 3:15-4:15PM **A Student Co-Created Health Systems Science Systems-Based Learning Modeled Curriculum |** Greg Jacobs, DO
Objectives:
1. Present Health Systems Science as the “third pillar of medical education” and as a necessary component of current medical education
 2. Introduce the unique development of a systems-based Health Systems Science learning model co-created with medical students
 3. Discuss the benefits of involving select medical students in curricular revision.
- 4:15-5:15PM **Overview of Burns |** Jared Morrison PA-C
Objectives:
1. Understand basic burn pathophysiology and know how to assess burn size/depth
 2. Understand initial steps to stabilize and treat burns
 3. Understand burn center referral criteria and know when to transfer to higher level of care
- Sunday, March 19**
8:00AM-12:00PM **Controlled Substances |** Greg Ayers MD & Stephen Suggs MD