

2026 CME SYMPOSIUM
Alabama Society of Physician Assistants
(Samford University Cooney Hall Regions Room)

Thursday, March 12

- 12:00pm **Steroid for treatment of Respiratory Infections Increases Complications and Prolong Illness** *James Williams PA-C, DMSc*
- 1:00pm **Prevention 3.0: Proactive, Personalized Healthcare** *AJ Burandt DO*
- 2:00pm **Clinician Well-Being: Strategies for a Meaningful Medical Practice**
Sandra Frazier MD
- 3:00pm **Prostate Cancer: Updates in 2026** *Kelley Gunn PA-C*
- 4:00pm **PA Leadership and Regulatory Updates** *Sharon Pelekanos PA-C, MHS*

Friday, March 13

- 8:00am **Heart Failure: overview of recognition, management and treatment as well as key takeaways for primary providers** *Steven Simmons PA-C*
- 9:00am **Spine Care: Surgical Approach and Conservative Options**
Michael Hites PA-C
- 10:00am **Break**
- 10:15am **Cosmetic Botox Injections and How to Get Started in AL** *Chelsi Davis PA-C*
- 11:15am **Characteristics and career effect on PA graduates of a Doctor of Medical Science program** *James Kilgore DMSc, PhD, PA-C, DFAAPA*
- 12:15pm **Lunch**
- 1:00pm **What Would You Do Next? Interactive, facilitated case studies from the urgent care** *Joseph Hwang MLS(ASCP), PA-C*
- 2:00pm **Nutritional Psychiatry** *Anthony Campanella PA-C, CAQ-Psych*
- 3:00pm **Break**
- 3:15pm **Current Guidelines for Screening Vascular Pathologies** *Molly Nall PA-C, Robin Shumaker PA-C*
- 4:15pm **The AFib Spectrum: Comprehensive Management from Detection to Discharge** *Robin Bates PA-C*

Saturday, March 14

- 8:00am **2025 AHA/ACC Hypertension Guideline Update: Navigating New Targets, Team-Based Care, and Personalized Risk Stratification** *Bret Largue PA-C*
- 9:00am **Rheumatology 101: Early Detection and Management of Rheumatological Conditions** *Alexandra Mattox PA-C*
- 10:00am **Break**
- 10:15am **What Are You Afraid of in Psychiatry?: Addressing Common Concerns for Physician Assistants** *Stacey Whitaker DMSc, MMS, PA-C, CAQ-Psych*
- 11:15am **Women's Health Review** *Bri Kestler PA-C*
- 12:15pm **Lunch & ASPA General Business Meeting**
- 1:00pm **National and State PA Advocacy** *Heather Neighbors PA-C, Bonnie Minton PA-C*
- 2:00pm **Practical Primary Care Approach to Soft Tissue Complaints of the Hand & Elbow** *Katie Morrison PA-C*
- 3:00pm **Break**
- 3:15pm **From Good to Great: Enhancing Our Precepting Skills** *Tonya Weidman PA-C*
- 4:15pm **The Back Country and Beyond** *Mark Minton PA-C*
- 5:15pm **Medical Challenge Bowl & Vendor Fair** (at the College of Health Sciences)
- 6:00pm **Networking Social** (at the College of Health Sciences)

Sunday, March 15

- 8:00am-
12:00pm **Controlled Substance Prescribing** *Greg Ayers MD*