



**Prescribing and Pharmacology of Controlled Drugs:  
Critical Issues and Common Pitfalls**

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***The 2011 Series***

**PRESENTED BY:**

**The Medical Association of the State of Alabama and  
The Alabama Board of Medical Examiners**

# SEMINAR DETAILS

## WHO SHOULD ATTEND?

The Intensive Course in Prescribing Controlled Drugs is designed for physicians and physician assistants in all specialties who need or wish to increase their knowledge and ability to effectively prescribe and control medications without the potential for abuse.

## STATEMENT OF NEED

Controlled substances are prescribed and dispensed today at an increasing rate to help patients cope with pain, insomnia, anxiety, depression, obesity and myriad other disorders. Studies show that most practitioners are rather conservative when prescribing controlled drugs while a small number are at times overly aggressive. In addition, controlled prescription medications are falling into the hands of increasing numbers of prescription drug abusers.

You wonder if your teenage patient, who is a football star, is on steroids since he suddenly bulked up and looks like he can bench press you. He has been acting somewhat aggressive.

Overweight and normal weight patients, whose definition of exercise is pulling the plug in the drain and fighting the current as the water goes out of the bathtub, are beating down your door demanding medication to help them lose weight.

How can the practitioner more effectively understand the pharmacologic profiles for controlled drugs, identify diagnostic criteria for appropriate prescribing and consider the therapeutic implications of specific substance use by individual patients? This special intensive course has been developed to enhance the physician's ability to effectively prescribe controlled medications, while minimizing their misuse whenever possible.

## LEARNING OBJECTIVES

**After attending this course, participants will be able to:**

- Describe the pharmacologic profiles of benzodiazepines, opiates and other controlled drugs including the risks involved.
- Identify the diagnostic criteria for substance abuse, anxiety disorder, acute and chronic pain, insomnia, obesity and depression; and situations where the continued prescribing of controlled substances would be inappropriate.
- Employ interviewing techniques relating to the diagnosis and management of substance abuse in general and prescription drug abusers in particular.
- Discuss case management strategies (including PDMP monitoring) for the above diagnoses and in special situations such as the elderly, hospice patients and renal sufficiency.
- Discuss beliefs, stereotypes and attitudes about controlled substance prescribing, controlled drug abusers and chemical dependency, and consider the therapeutic implications of treatments based upon these beliefs.

# ACCREDITATION

The Medical Foundation of Alabama designates this educational activity for a maximum of 12 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Medical Association of the State of Alabama through the joint sponsorship of the Medical Foundation of Alabama and the Medical Association of the State of Alabama. The Medical Foundation of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education to physicians.

# SEMINAR FACULTY

**Jamy Ard, M.D.**

ASSITANT PROFESSOR OF NUTRITION SCIENCE AND MEDICAL  
DIRECTOR OF UAB'S EAT RIGHT WEIGHT MANAGEMENT  
PROGRAM

**Dan Doleys, Ph.D.**

DIRECTOR OF THE DOLEYS CLINIC/PAIN AND  
REHABILITATION INSTITUTE

**Steve Furr, M.D.**

ALABAMA BOARD OF MEDICAL EXAMINERS

**Shawn Harvey, M.D.**

PARTNER, GRAYSON & ASSOCIATES, P.C.

**Boyde J. Harrison, M.D.**

ALABAMA BOARD OF MEDICAL EXAMINERS

**Donna Jordan, MPA**

PDMP PROGRAM MANAGER FOR THE ALABAMA  
DEPARTMENT OF PUBLIC HEALTH

**Edwin Rogers**

ALABAMA BOARD OF MEDICAL EXAMINER'S INVESTIGATOR

**Greg Skipper, M.D.**

MEDICAL DIRECTOR OF THE ALABAMA PHYSICIAN HEALTH  
PROGRAM

**George C. Smith, Jr., M.D.**

ALABAMA BOARD OF MEDICAL EXAMINERS

The policy of the Medical Foundation of Alabama's CME Program requires that the Activity Director, planning committee members and all activity faculty (that is, anyone in a position to control the content of the educational activity) disclose to the activity participants all relevant financial relationships with commercial interests. Disclosure will be made to activity participants prior to the commencement of the activity. The Medical Foundation of Alabama also requires that faculty make clinical recommendations based on the best available scientific evidence and that faculty identify any discussion of "off-label" or investigational use of pharmaceutical products or medical devices.

## DATES, LOCATION, AND HOTEL INFORMATION

**MARCH 12-13, 2011**

Renaissance Montgomery Hotel & Spa at the  
Convention Center  
201 Tallapoosa Street - Montgomery, Alabama  
Hotel Rate: \$119  
Room Block Deadline: February 10, 2011  
Call (877) 545-0311 and mention the "Medical  
Association of the State of Alabama" group room block.

**JULY 15-17, 2011**

The Battle House Renaissance Mobile Hotel & Spa  
26 North Royal Street - Mobile, Alabama  
Hotel Rate: \$129  
Room Block Deadline: June 15, 2011  
Call (866) 316-5957 and mention the "MASA Prescribing  
Course" group room block.

**NOVEMBER 19-20, 2011**

The Wynfrey Hotel  
1000 Riverchase Galleria - Birmingham, Alabama  
Hotel Rate: \$125  
Room Block Deadline: October 20, 2011  
Call (800) 996-3739 and mention the "Medical  
Association of the State of Alabama" group room block.

## IMPORTANT INFORMATION

**GOING GREEN!** MASA will **no longer provide** printed seminar materials. All seminar materials will be provided on a thumb drive, which will be given to you at the registration desk. You may use the thumb drive and access materials from your laptop during the seminar.

If you prefer printed copies, materials may be printed from MASA's website two weeks prior to the seminar. Questions? Call Diane Bass in the Education Department at (334) 954-2536.

**MEDICAL ASSOCIATION OF THE STATE OF ALABAMA**  
**Prescribing and Pharmacology of Controlled Drugs:**  
**Critical Issues and Common Pitfalls**

**REGISTRATION FORM**

The registration fee includes all course materials and meals. All registration fees must be paid at time of registration. Attendees will not be allowed to pay or register at the door. Please see below for registration deadlines. A fee of \$75 will apply if registration or payment is received after registration deadline.

Cancellation/Refund Policy: If you cancel two weeks before the seminar, you will be refunded half of your registration fee and receive course materials. If you cancel less than two weeks before the seminar, you will receive NO refund and NO course materials.

**MASA members can register online at [www.masalink.org](http://www.masalink.org).**

Name: \_\_\_\_\_ Designation: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

**MARK COURSE BELOW:**

\_\_\_\_\_ **MARCH 12-13, 2011**

Renaissance Hotel & Spa at the Convention Center  
Montgomery, Alabama  
Registration Fee: \$375  
Registration Deadline: March 1, 2011

\_\_\_\_\_ **NOVEMBER 19-20, 2011**

Birmingham, Alabama  
Registration Fee: \$375  
Registration Deadline: November 9, 2011

**If you need only a portion of the course, either 8 or 4 hours of instruction, contact Diane Bass in MASA's Education Department to make arrangements and pay a reduced registration fee.**

\_\_\_\_\_ **JULY 15-17, 2011**

The Battle House Renaissance Hotel & Spa  
Mobile, Alabama  
Registration Fee: \$375  
Registration Deadline: July 6, 2011

**VISIT [WWW.MASALINK.ORG](http://WWW.MASALINK.ORG) FOR MORE SEMINAR DETAILS INCLUDING FULL AGENDA.**

Payment:       Check               Visa               MasterCard               American Express

Cardholder: \_\_\_\_\_ Card Number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ 3 or 4-Digit Security Code: \_\_\_\_\_ Amount: \_\_\_\_\_ Billing Zip Code: \_\_\_\_\_

Signature: \_\_\_\_\_

**Note: Your signature constitutes an agreement to pay the amount indicated.**

**Return completed registration form and payment to:**

Medical Foundation of Alabama • Attn: Diane Bass  
PO Box 1900 • Montgomery, AL 36102-1900 • Phone: (334) 954-2500 • Fax: (334) 269-5200

**FOR MORE INFORMATION VISIT [WWW.MASALINK.ORG](http://WWW.MASALINK.ORG).**